

Shinrin-Yoku™ Bath Bar

dōTERRA®

Product Information Page



CPTG Certified Pure Tested Grade®

Shinrin-Yoku™ Bath Bar | Net wt 5 oz / 142 g

60233049

Primary Benefits

- + Gently cleanses the skin, leaving a nice woody, citrusy aroma
- + Provides deep moisturization to the skin
- + Leaves the skin soft and hydrated

Description

Shinrin-Yoku® Forest Bathing Blend has quickly become a beloved favorite. Now it can be enjoyed in a nourishing bath bar that gently cleanses while supporting skin hydration. The practice of *shinrin-yoku* is a process for disconnecting from technology to relax and unwind. Research studies indicate being immersed in a forest with intention can play an enormous role in health and well-being. The contemplative practice of forest bathing is the inspiration for this Shinrin-Yoku Bath Bar. Made with shea butter and CPTG® essential oils, it creates a rich, creamy lather that washes away impurities and helps maintain moisture, leaving your skin feeling soft, smooth, and balanced from head to toe. The calming, grounding aroma of dōTERRA Shinrin-Yoku essential oil transforms your daily wash into a moment of tranquility with every use.

Directions

Add water to bring the bath bar to a rich lather. Use it in the shower, in the bath, or at the sink. To make the bar last longer, keep dry between each use.

Cautions

For external use only. Avoid eyes and mouth. Store at room temperature. Avoid excess heat.

Ingredients

Sodium Cocoate, Water (Aqua), Glycerin, Sodium Chloride, Sodium Citrate, Sodium Gluconate, *Butyrospermum parkii* (Shea) Butter, *Citrus limon* (Lemon) Peel Oil, *Oryza sativa* (Rice) Bran Oil, *Pogostemon cablin* (Patchouli) Oil, *Abies sibirica* (Siberian Fir) Oil, *Lavandula hybrida* (Lavandin) Oil, Charcoal Powder, *Cupressus sempervirens* (Cypress) Branch/Leaf Oil, *Chamaecyparis obtusa* (Hinoki) Wood Oil, *Cocos nucifera* (Coconut) Oil, *Elettaria cardamomum* (Cardamom) Seed Oil, *Michelia alba* (Magnolia) Leaf Oil, *Cupressus lusitanica* (Cypress) Branch/Leaf Oil, *Citrus paradisi* (Grapefruit) Peel Oil, *Pelargonium graveolens* (Geranium) Flower Oil, *Ricinus communis* (Castor) Seed Oil, *Citrus limon* (Lemon) Branch/Leaf Oil, Titanium Dioxide (CI 77891), Mica, Iron Oxides (CI 77491), Coconut Acid